



- Ashbourne Centre, Kingsway Hospital, Derby
- Education Centre, Chesterfield Royal Hospital

# GP Discussion Events

## 2010/11 Programme



## Contact us

If you are interested in attending any of the forthcoming GP discussion events, please contact either:

Suzie Mallett on 01332 623700 ext 3543 or  
Shirley Houston on 01332 623700 ext 3302  
or email us at:  
[communications@derbysmhservices.nhs.uk](mailto:communications@derbysmhservices.nhs.uk)

### Address of venues:

#### DERBY VENUE

Ashbourne Centre  
Kingsway Hospital  
Kingsway  
Derby DE22 3LZ

#### CHESTERFIELD VENUE

Education Centre  
Chesterfield Royal Hospital  
Calow  
Chesterfield S44 5BL

[www.derbyshirementalhealthservices.nhs.uk](http://www.derbyshirementalhealthservices.nhs.uk)

# GP Discussion Events

Following a period of extensive consultation with local GP practices, Derbyshire Mental Health Services NHS Trust is holding a series of medical discussion evenings, for those in primary care with an interest and involvement in the treatment of specific mental health conditions.

The purpose of the initiative is twofold; to allow practitioners of mental health care in the community the opportunity of exchanging knowledge and views with specialist sector Psychiatrists, and to help strengthen the necessary dialogue for future engagement and communication with Derbyshire Mental Health Services NHS Trust.

The planned programme of events has been constructed around what GPs have told us they want, in terms of the discussion topics of particular interest to them, the venue locations they prefer, the timings of the events, and the session formats.

**The events will be held in the evening of the first Tuesday of each month, alternating between Derby and Chesterfield to ensure county-wide coverage.**

The format for each of the events has been well researched, taking the following broad outline:

## Timing:

- Ashbourne Centre, Derby (7 – 9 pm)
- Education Centre, Chesterfield (7 – 9 pm)

## Hospitality:

Finger buffet & light refreshments (provided before, during and after the event)

## Session content:

- 20-30 minute presentation from Sector Specialist (social, psychological, clinical implications)
- Workshop (case histories)
- Discussion
- Local service information and contact points

## The complete 2010/11 discussion events schedule

### Derby venue

DATE	TOPIC
02 March 2010	<b>Depression</b> The world's leading cause of 'years lived with disability'
04 May 2010	<b>Borderline Personality Disorder</b> Innovation, hope and management
06 July 2010	<b>Suicide and risk assessment</b> Structuring judgement in high risk populations: how to do it
07 September 2010	<b>Common mental health problems</b> One in four? Developing constructive approaches to the spectrum of mental distress
02 November 2010	<b>Bipolar disorders</b> Social rhythm, management and recovery in severe mood disorders
09 January 2011	<b>Newer drugs</b> Modern management of mood disorders: combinations, risks and benefits

### Chesterfield venue

DATE	TOPIC
06 April 2010	<b>Somatisation</b> Heart sink or clinical challenge. Approaching the patient with somatic symptoms
01 June 2010	<b>Dual diagnosis</b> Substance misuse and psychosis - addressing complexity
03 August 2010	<b>Physical health and severe mental health</b> Developing systems to meet the needs of high risk groups
05 October 2010	<b>Schizophrenia</b> A riddle wrapped in a mystery inside an enigma; bio-psycho social intervention to promote recovery
07 December 2010	<b>CBT</b> Everything you wanted to know about CBT but were afraid to ask
01 February 2011	<b>Depression</b> The world's leading cause of 'years lived with disability'